

How to Talk about Sex...

Even in the Church

We have sex on the brain.

Why is the Church silent?

- Lack of education
- Pastors are struggling
- Fear of the congregation

# Four parts to this workshop

1. Common hang-ups
2. The Four-word Guide to Sex
3. How to Engage
4. Q & A: Stump the Chump

# Why we stay silent

- Don't know what we believe
- Don't know how to start
- Always starting from a negative
- Hard to respond to attacks
- Fear of offending others
- Why bother?
- Fear of being found out

# The Four-word Guide to Sex

Origins



Purpose



Mystery



Gift



# Origins

26 Then God said, "Let us make man in our image, after our likeness...."

27 So God created man in his own image, in the image of God he created him; male and female he created them.

28 And God blessed them. And God said to them, "Be fruitful and multiply...."

Purpose

Procreation

★

Union

★

Delight

★

Point us back to God

# Mystery

Marital Imagery in the Bible

★

Christ and the Church

★

Free, Total, Faithful, Fruitful



# Gift

We were created to be gifts given to  
others

★

Love as I have loved you,  
says Christ!

# The culture's four words

Sterility

★

Purposelessness

★

Clinical

★

Taking

The end  
of this  
is  
isolation...  
and death.

# How to engage

Problem: Don't know how to start

*Solution: Gauge Knowledge*

Problem: Responding to a negative

*Solution: Lead with the positive*

Problem: Responding to attacks

*Solution: Gauge Interest/Openness*

# How to engage

Problem: We have a fear of offending others

*Solution: Don't be defensive or judgmental*

*Don't apologize for your beliefs*

*Be suggestive, not proscriptive*

Problem: Why bother?

*Solution: Lead with compassion*



# How to engage

Problem: Fear of being found out

*Solution: Work on your life first*

*Finally...*

*don't be afraid to say you don't know.*

# Closing Thoughts

- Sex is not what we do, but who we are
- Talking about sex begins and ends with the meaning of the human person
- Post-human society; atheism; Darwinism
- We have the good true and beautiful
- God is stirring His people. Listen to His call.

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